

Lunch w/ Milk - \$3.20

CHRIST THE KING SCHOOL

HOT LUNCH MENU 2018

Fat-Free White Milk, Fat-Free Chocolate Milk, or Low-Fat 1% White Milk - \$.35

100% Juice Box (**NON-GMO**) - \$.35

Bottled Water-\$.40

Seconds (Main Entrée) - \$1.00 - \$1.50 - 7th-8th Grade Only

Seconds (Side Items) - \$.50 - \$.65 7th-8th Grade Only

Cinnamon Roll - \$.65 - First Wednesday @ Month

Chocolate Chip Cookie - \$.50 - Wednesdays, except first Wednesday @ Month

Frozen Fruit Slush Cup - \$.65 - Every Friday during the months of August, September, April & May

October 29-Nov. 2

MON.-CHEESY VEGETABLE SOUP, **Crackers, Romaine Salad, Apple Slices, Milk

TUES.- **#CHICKEN TENDERS (antibiotic/hormone free), Roasted Vegetables, Chickpea Salad, Pears, Milk

WED.-TURKEY DOG/CHILLIDOG ON **BUN, French Fries, Carrots, Mixed Fruit, Pumpkin Muffin, Milk

THURS.-**FISH STICKS, **Macaroni and Cheese, Green Beans, Pineapple, Milk

FRI.- CHICKEN *QUESADILLA, Mexican Rice, Corn, Applesauce, Milk

November 5-9

MON.-HAMBURGER/CHEESEBURGER ON **BUN, French Fries, Celery, Applesauce, Milk

TUES.- **CHEESE PIZZA, Romaine Salad, Zucchini, Pineapple, Milk

WED.-ORANGE CHICKEN W/**RICE, Broccoli, Carrots, Pears, Milk

Thurs.-PULLED PORK ON **BUN, Baked Beans, Corn, Peaches, Milk

Fri.-CHICKEN RICE SOUP,**Crackers, Cucumber, Carrots, Grapes, Milk

Non-GMO DANIMALS YOGURT W/ MOZZARELLA STRING-CHEESE STICK, PBJ, PEANUT BUTTER OR CHEESE SANDWICH OFFERED DAILY AS ALTERNATIVE TO MAIN ENTRÉE

*Whole Grain

**Whole Wheat

No antibiotics/hormones used