

CHRIST THE KING SCHOOL
HOT LUNCH PROGRAM

DATE: August 2022
TO: Parents/Guardians
FROM: Karla Eguez, Hot Lunch Program Director
SUBJECT: CHRIST THE KING'S HOT LUNCH PROGRAM

Christ the King School participates in the Government Hot Lunch Program. Our lunches must meet the government's nutritional guidelines for correct portions of fat, protein, grains, fruits and vegetables. We offer a peanut butter and jelly sandwich, peanut butter sandwich, cheese sandwich or 4 oz. serving of yogurt with a mozzarella string-cheese stick as an alternative to the main entrée everyday. **We try our best to have our foods free of GMO's, antibiotics/hormones, high fructose corn syrup and dyes.** We are proud of our program's nutritional content and feel our lunches are one of the best bargains around as well as a time saver on hectic mornings!

Deposits – Every student needs to deposit a minimum of \$20 into his/her lunch account to make purchases from the cafeteria. **NO MONEY WILL BE TAKEN DURING LUNCH.** Checks should be put in an envelope and made payable to CTK Cafeteria. If you have more than one child in this school, you may write one check. Please write each child's (children's) name on the memo line of your check. We encourage sending in a check rather than cash. If you send in cash, please attach a note stating your child's (children's) name and the amount of cash you are depositing. Students are to bring the cash/check in an envelope with "cafeteria" written on the outside of the envelope. Students give their lunch deposits to their homeroom teacher. We have a new online payment system (www.payschoolscentral.com). Here you are able to deposit money into your child's account automatically.

Prices - The price of a hot lunch with milk is \$3.60. The price of additional milk, juice or water is \$.50.

Pin Pad System – Every student has his/her own lunch account and is assigned his/her own three to four digit pin#. 3-8th grade students need to memorize their pin # because they are responsible for typing in their own pin #. Students will keep the same pin # every year.

Special Dietary Needs – If your child has an allergic reaction to any food or drink, it is mandated by the State that you have a **Physician Statement for Food or Drink Substitution** form filled out by your doctor so that it may be kept in our files. This form is available on the CTK website and needs to be turned into me.

Outstanding Balances - It is the parent's responsibility to ensure that money is in their child's lunch account. Emails will be sent when students lunch account balances reach \$6.50 or below. Please add money as soon as possible to your child's account when you receive one of these notices. A student with an outstanding balance will not be able to purchase additional milk, juice, water, frozen fruit slush cup, cinnamon roll or chocolate chip cookie. Any 7th or 8th grade student with an outstanding balance will not be able to purchase second servings of any leftover food.

Unused Lunch Account Money - Any unused lunch account money at the end of the school year will be rolled over to the next school year. If your child has money in an account and he/she will not be returning to our school, you will be reimbursed that amount. However, if your child is graduating and has a sibling in the school, the leftover money will be transferred into the sibling's account.

Seconds Servings (7th & 8th Grade) – Students are allowed to sign up for seconds of the main entrée and sides. Students must sign up in the morning with their teachers. If a student did not sign up for seconds

they will not be able to purchase seconds that day. **Seconds of main entrée range from \$1.65-\$2.00.**
Seconds of side items range from \$0.65-\$1.00.

Milk Break (K) – Kindergarten students have the option of ordering a milk, juice or water for \$.50 for an afternoon milk break.

Wednesday Treat (K-8th) – Every Wednesday we offer a mid-week treat for K-8th grade students. The first Wednesday of every month we offer a cinnamon roll for \$.65. Every Wednesday, except the first Wednesday of each month, we offer a chocolate chip cookie for an additional \$.50. There is a limit of buying only one cookie or cinnamon roll.

Friday Treat (K-8th) – A frozen fruit slush cup is offered as a treat every Friday during the months of August, September, April & May for an additional \$.65.

Lunch Counts – Lunch counts are taken every morning and sent to the kitchen.

Lunch Menu – Lunch menus will be posted on the CTK website.

Volunteers - We depend on volunteers every day to help serve food, wipe off the serving line and cafeteria tables after each lunch shift and help refill utensil holders so we can operate as efficiently as possible. Cafeteria volunteers are needed on a weekly, bi-monthly (2 x's a month) or monthly basis or as a substitute to be called as needed. Volunteers report to the kitchen at 10:50 a.m. and are finished by 1p.m. You receive 3 service hours per shift. We provide a free lunch for our volunteers. You may email (eguez@ctkcougars.com), call (546-3711) or sign up online under the Cafeteria Volunteering page. Volunteering in the cafeteria is a great way to meet other parents, earn family service hours and see firsthand how efficient our hot lunch program operates!

Free or Reduced-Price Lunches – A copy of the Household Eligibility Application for Free or Reduced-Price Lunches has been emailed to each family. It can also be found on the CTK website. You may also ask for a copy from me. The application will determine if you qualify to receive free or reduced-price lunches. Please complete the application, place it in an envelope with my name on it and return it to the school office. I will notify you as soon as possible when your application has been reviewed. Money needs to be deposited into a student's lunch account who receives free or reduced-price hot lunches to purchase any extra items such as a cinnamon roll on the first Wednesday every month, a chocolate chip cookie every Wednesday (except the first Wednesday), a frozen fruit slush cup every Friday during the months of August, September, April & May, additional milk or juice and second servings (7th & 8th grade students only).