

NOVEMBER 2022

Christ The King

LUNCH



Lunch 3.60 includes milk 2nds 7&8 1.65-2.00
Milk, Juice, Water .50
Cinnamon roll .65 1st Wednesday of month
Cookie .50 all other Wednesdays



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hard Tacos
Lettuce/Cheese
Corn
Oranges **1**

Chicken and Rice Soup
Crackers
Carrots
Cucumber/Tomato salad
Peaches
Cinnamon Roll **2**

Chicken Nugget
Mashed potato/gravy
Steamed Carrots
Pears **3**

Pulled Pork on a Bun
Tator Tots
Celery
Grapes **4**

Fish Sticks
Macaroni & Cheese
Green Beans
Pears **7**

Cheese stick & Marinara
Romaine Salad
Cucumber
Banana **8**

Beef Stick & Pretzel
Cheese cup
Celery
Apples
Cookie **9**

Pancake
Turkey Sausage
Tator Tots
Pineapple **10**

Ham/Turkey Sub
Fries
Cucumber Tomato Salad
Grapes **11**

Corn Dog On A Stick
Fries
Baked Beans
Dried Cranberries **14**

Chicken Sancho
Fiesta Rice
Corn
Cinnamon Apples **15**

Maidrite
Tator Tots
Carrots/Celery
Grapes
Cookie **16**

Orange Chicken
Rice
Broccoli
Carrots
Pineapple **17**

Pasta with Meat Sauce
Romaine Salad
Breadstick
Zucchini **18**

Pancake
Bacon
Tator Tots
Cinnamon Apples **21**

NO SCHOOL **22**

NO SCHOOL **23**

NO SCHOOL **24**

NO SCHOOL **25**

Breaded Chicken
Sandwich
Sweet Potato Fries
Celery
Pears **28**

Nacho/Meat Cups
Cowboy Caviar
Carrots
Grapes **29**

Meatball Sub
Pasta Salad
Zucchini
Oranges
Cookie **30**

